

Sustainable Health Care: An Implementation Guide for Rheumatology



The Canadian Rheumatology Association (CRA) is proud to present the new planetary health toolkit for rheumatology. ***Sustainable Health Care: An Implementation Guide for Rheumatology*** is designed to spread awareness and help rheumatology professionals incorporate planetary health principles into their practice spaces.

Building on work done by the Ontario Rheumatology Association (ORA), which created the world's first rheumatology sustainability toolkit, the CRA Planetary Health Taskforce developed a bilingual toolkit to be shared more widely among the national rheumatology community for feedback and ideas.

"We created an easy-to-use guide and it's all about promoting high value patient care, which typically results in cost savings to clinics and also has a positive environmental impact," says CRA Vice-President Dr. Stephanie Tom, Chair of the Planetary Health Task Force.

Toolkit Highlights

Awareness: Learn about the health impacts caused by the changing climate, and how to mitigate them.

Practical Steps: Detailed guidance on how to make your practice more sustainable.

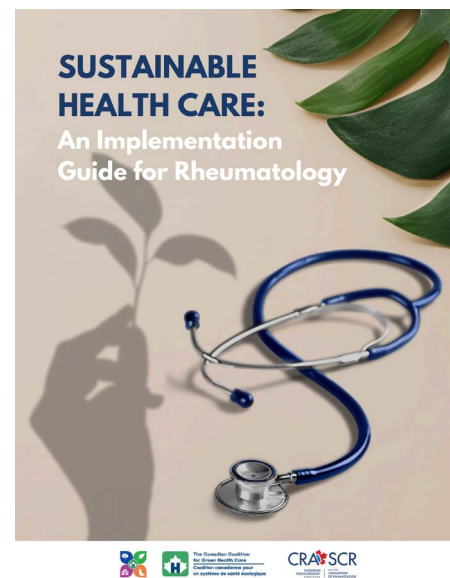
Bilingual Resource: Available in both English and French to cater to the national rheumatology community.

Collaborative Effort: Developed with input from leading experts in rheumatology and sustainability.

Thank you to the CRA Planetary Health Task Force members, Drs. Stephanie Tom (Chair), Philip Baer, Claire Barber, Sasha Bernatsky, Molly Dushnicky, Beth Hazel and Fergus To.

The Planetary Health Task Force looks forward to engaging and supporting members in greening their workplaces. If you have any questions, feedback, or ideas, please email info@rheum.ca.

View the toolkit here:



Awards

Continued from page 3

data on recipients of rheumatology awards from six major international bodies between 1972 and 2023, including ACR and EULAR. The CRA was not included. The ACR gave out two-thirds of all awards. EULAR had the highest gender parity with 31% female recipients. The gender gap has narrowed considerably, with only 11.6% female winners pre-1990 versus 36.2% since 2021. Recommendations included diversifying selection committees of award-granting institutions, advertising awards more widely, and en-

hancing transparency in the award nomination and selection processes. From my vantage point, these changes are well underway at the OMA, ORA and CRA.

Reference:

1. Roy D, Andreoli L, Ovseiko PV, et al. *Ann Rheum Dis*. 2024;83:958–959. doi:10.1136/ard-2024-225670

Philip A. Baer, MDCM, FRCPC, FACR
Editor-in-chief, CRAJ
Toronto, Ontario