rheumatologists. Ongoing work to promote recognition of burnout and practical information to address the issue will be a focus for the upcoming year.

Outreach care, either through travelling clinics or virtual care, is one of the strategies for addressing access to rheumatology care. To eventually promote outreach care, a survey of current rheumatology training programs was performed. This has demonstrated that only 50% of our national training programs in rheumatology have outreach care as a part of the training program, and in most cases it is optional. However, 100% of program directors felt trainees would be interested in participating in outreach care as part of their training. Over the course of

the upcoming year, the committee will focus on gaining a better understanding of the landscape of outreach care across the country to identify steps that might be taken to promote and/or facilitate rheumatology care for patients and communities currently less well served.

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## **Update from the Guidelines Committee**

By Glen Hazlewood, MD, PhD, FRCPC; and Orit Schieir, PhD

he Guidelines Committee is very much "alive". CRA living guidelines are now active for rheumatoid arthritis, juvenile idiopathic arthritis (JIA) uveitis, and COVID-19 vaccination, with spondyloarthritis and transition of care slated for 2024. Living guidelines are continually updated over time, with new recommendations added and existing recommendations modified if necessary. All of CRA's living guidelines are published through the MAGICApp, an online guideline publishing platform. They can be accessed through the CRA website at *rheum.ca/resources/publications/*. Each guideline is also published in journal format through the *Journal of Rheumatology*, but the online version will always be the latest version.

Over this year, we are also working on some CME activities linked to the guidelines, in collaboration with the Education Committee. Our "Guidelines Corner" section of the *CRAJ* launched in the Fall issue and will highlight selected recommendations from our guidelines.

The Guidelines Committee would like to thank all the people who have contributed to the success of the committee over the past year: Sarah Webster for the amazing administrative support to the committee; Jordi Pardo and Cochrane Musculoskeletal for providing methodological support; Arnav Agarwal and the MAGICApp team; and of course all members of the Guidelines Committee and panelists, including the dedicated patients who participate in the guideline panels.

There are many opportunities to be involved in evidence reviews or guidelines through the CRA, either as a trainee or a practicing rheumatologist. CRA members, please reach out to Sarah Webster at <a href="mailto:swebster@rheum.ca">swebster@rheum.ca</a>.

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