## 9. Cost Effectiveness

Tobacco treatment programs are among the most cost effective interventions available. Combining counselling and pharmacotherapy is the most effective intervention and may increase chances of a successful quit attempt five-fold.<sup>19</sup>

## 10. Moving Forward

You can help patients at any stage along the quit process, from those currently unwilling to quit, to those who have recently quit. There are many resources available to learn more about pharmacological options and the general principles of cessation counselling. <sup>19</sup>,23

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## Fracture Liaison Service: Update

Plans for implementation of Fracture Liaison Services (FLS) are ongoing in several jurisdictions across Canada. To support ongoing implementation of FLS, Osteoporosis Canada has developed Quality Standards for FLS in Canada. The CRA has endorsed these Quality Standards, along with the Canadian Orthopedic Association, the Canadian Orthopedic Nurses Association, and Bone and Joint Canada. The list of endorsing organizations will be updated as additional endorsements are received.

The Quality Standards provide a concise set of statements which describe the most important functions of an FLS and which provide very clear guidance for healthcare professionals and administrators on what a world-class FLS will actually deliver. The Quality Standards will help ensure that any FLS can be set up for success at the time of implementation. These Standards are in compliance with the 2010 Osteoporosis Canada Clinical Guidelines and the International Osteoporosis Foundation Capture the Fracture Best Practice Framework for FLS.

Download the Quality Standards for FLS in Canada from www.osteoporosis.ca/fls.